

Know IT All

for parents



Helping to keep your
children safe online

This presentation

Why is internet safety important?



Why is the internet so great?



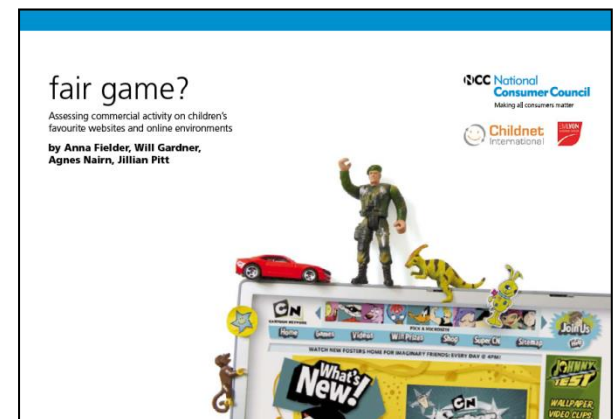
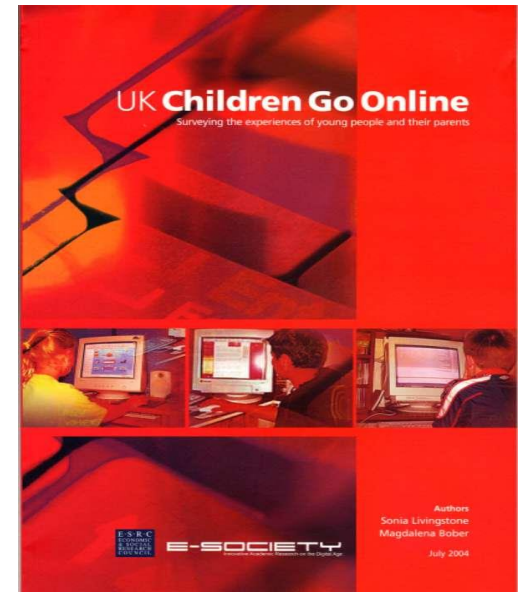
What are the risks?



What about mobiles?



Know IT All - what can parents do?



Responsibility

يَا أَيُّهَا الَّذِينَ آمَنُوا قُوا أَنْفُسَكُمْ وَأَهْلِيكُمْ نَارًا

O you who have believed, protect yourselves and your families from a Fire...

(Qur'an 66:6)

Responsibility

قال النبي صلى الله عليه وسلم:

"كلكم راعٍ، وكلكم مسئول عن رعيته"

The Prophet ﷺ said, "All of you are guardians and all of you are responsible for your subjects."

(Sahih al-Bukhari)



Why is internet safety
important?

Statistics

- 86% of children aged 12-15 regularly use a mobile phone
- Three-quarters of children aged between 10 and 12 have social media accounts despite being below the age limit
- For 13 to 18-year-olds, 96 percent used social media networks.
- There are 57% who always have the phone beside their bed
- Worldwide, there are over 2.07 billion monthly active Facebook users

Statistics

- More than 1 billion people are now using WhatsApp every day
- 44% who feel "uncomfortable" if they are ever without a phone signal.
- There are 42% who say they keep their phone on them at all times and never turn it off.
- 61% of children use YouTube everyday, mostly on mobile phones.

Take the precautions

قال النبي صلى الله عليه وسلم:
"لا يلدغ المؤمن من جحر مرتين"

The Prophet ﷺ said, "A believer should not be stung twice from the same hole."

(Sahih al-Bukhari)

Changing environment

WEB v 1.0

Downloading

Consuming

Corporate

Separate media

Static



WEB v 2.0

+ Uploading

+ Creating

+ Personal

+ Converged media

+ Truly interactive

Supervision

IN SCHOOL

Supervised, filtered
& monitored



OUT OF SCHOOL

Often no
supervision, filtering
or monitoring



Know IT All

- Since 2015, parents of 5-15s are more likely to say they trust their child to use the internet safely
- One in six parents of 12-15s feel they don't know enough to help their child manage online risks



Why is the internet so great?

World Wide Web

Discover



The biggest library in the world

Connect



Brings people together

Create



Anyone can become a publisher



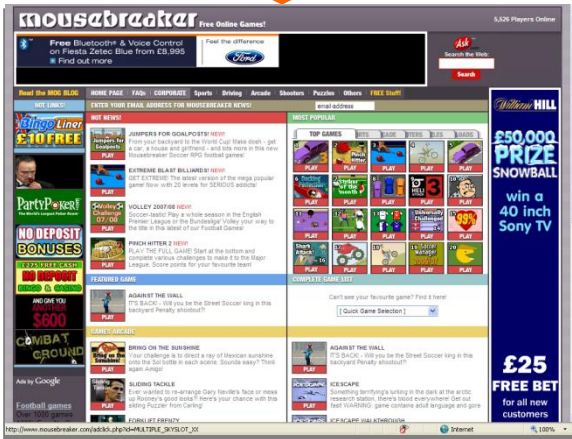
What are the risks?

Potential risks

Conduct

Content

Contact



- 57% of 9-19 yr olds have come into contact with online pornography accidentally.
- 4 in 10 pupils aged 9-19 trust most of the information on the internet.
- 1/3 of young people have received unwanted or nasty comments online. Only 7% of parents think their child has received such comments.

What are the risks?

Threats

Hacking

Manipulation

Bullying

Grooming

Stalking

Public postings



Differences



- **24/7 contact**
No escape at home
- **Impact**
Massive potential audience reached rapidly. Potentially stay online forever
- **Perception of anonymity**
More likely to say things online
- **Profile of target/bully**
Physical intimidation changed
- **Some cases are unintentional**
Bystander effect
- **Evidence**
Inherent reporting proof

Advice for parents

- Be careful about denying access to the technology
- Understand the tools
- Discuss cyberbullying with your children
 - always respect others
 - treat your passwords with care
 - block/delete contacts & save conversations
 - don't reply/retaliate
 - save evidence
 - make sure you tell
- Report the cyberbullying
 - school
 - service provider
 - police



What about mobiles?

Take the precautions

قال النبي صلى الله عليه وسلم:
" اتق الله حيثما كنت "

The Prophet ﷺ said, "Fear Allah wherever
you are"
(Tirmidhi)

The pros and cons

Discover

Connect

Create

Conduct

Content

Contact



Personal
Portable

Away from supervision
Always on and reachable



Mobile phone advice

- 😊 **Know** how your child's phone works
- 😊 **Agree** the type of content that you would be happy for them to download, knowingly receive or send on to others
- 😊 **Save** any abusive messages/inappropriate images for evidence purposes
- 😊 **Decide together** what is acceptable
- 😊 **Encourage** balanced use - switching off at mealtimes, bedtime.



What can parents do?

What you can do...

Conduct



- ☺ Install software to protect your **computer's security**
- ☺ **Be careful** which sites the rest of the family visit
- ☺ Use a **family email address** for shopping and online forms
- ☺ Use the **free technology**: ad blockers & SPAM filters; and your good judgement: don't reply to SPAM!
- ☺ Check sites for extra **security** (padlock/https)

What you can do...

Content



- ☺ **Talk to your children** about what to do if they do come across something unpleasant and **teach them to be critical**
- ☺ Use child-friendly **search engines** or set a search filter
- ☺ Encourage them to use **browser tools** - Bookmarks & History
- ☺ Install **filtering** but don't rely on it
- ☺ Find **appropriate sites** to visit and try not to overreact - lots of inappropriate content viewed accidentally

What you can do...

Contact



- ☺ **Get involved** with your children online and encourage balanced use - set time limits
- ☺ Make sure they know **who to talk to** if they feel uncomfortable
- ☺ Talk about the consequences of giving out **personal info** or making **information public**
- ☺ Keep the **computer in a family room**
- ☺ **Agree rules** as a family - meeting up



SMART rules



SAFE - Keep safe by being careful not to give out personal information - including full name and email address - to people who you don't trust online.



MEETING - Meeting up with someone you have only been in touch with online can be dangerous. Only do so with your parent's/carer's permission and even then only when they can be present.



ACCEPTING - Accepting e-mails, IM messages or opening files from people you don't know can be dangerous - they may contain viruses or nasty messages!



RELIABLE - Someone online may be lying about who they are, and information you find on the internet may not be true. Check information and advice on other websites, in books or ask someone who may know.



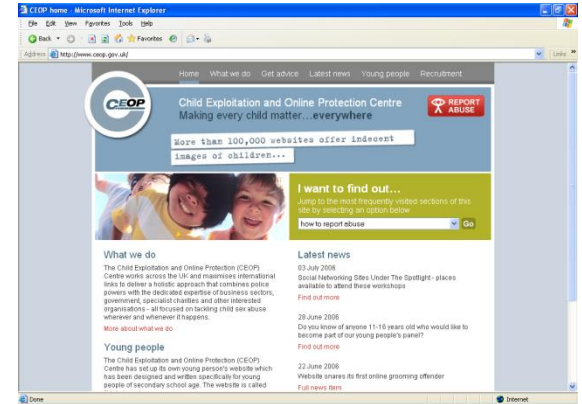
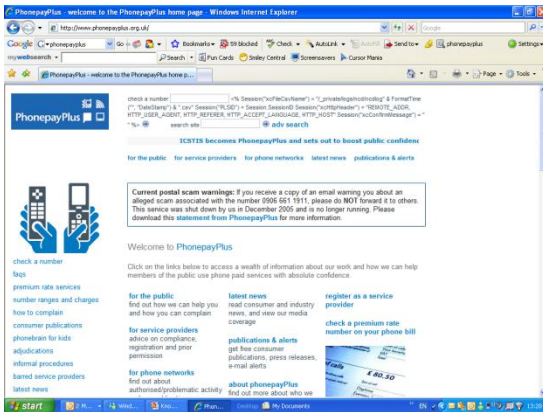
TELL - Tell your parent/carer or teacher if someone or something makes you feel uncomfortable or worried, or you or someone you know is being cyberbullied.

Know where to report

Conduct

Content

Contact



+ your operator
+ your Internet Service
Provider

www.ceop.gov.uk

www.thinkuknow.co.uk

More resources...

www.childnet.com

www.kidsmart.org.uk

www.digizen.org

www.parentport.org.uk

